



31ST ICM Triennial Congress

TORONTO, CANADA 18 – 22 June 2017

www.midwives2017.org



International
Confederation
of Midwives



Newsletter Issue: 03

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Sugar Beach - Downtown Toronto

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Register for the Toronto Congress Now

End of Bonus Discount Registration Rate Approaching

With only a few weeks left until the deadline for the Bonus Discount rate for the ICM 2017 Congress, make sure you take advantage of the low full delegate registration fee of \$875 Canadian Dollars (CAD).

Bonus Discount rates end on 29 February 2016 and provides savings between \$80 and \$150

Midwives around the globe are making the most of the favourable Canadian dollar exchange rate which means that in some currencies the bonus discount fee is similar to the 2008 Glasgow Congress rates.

There is an amazing "Newly Qualified Midwife" rate of \$695 CAD for those who have become certified within the last five years (eligibility applies at the

time of buying your Congress registration).

The ICM Board is committed to encouraging student midwives to attend Congress and have set a very attractive rate of \$325 CAD. Be sure to visit the Congress website at www.midwives2017.org for details and conditions and to reserve your spot today!



Toronto Waterfront

Abstract Support

There is still over 6 weeks remaining to submit an abstract for the ICM 2017 Toronto Congress. Congress organisers are preparing for the receipt of over 1,500 abstracts, with a likely acceptance rate of around 40%. This is an opportunity to share your work at the world's largest gathering of midwives, and ICM is providing an added value package to assist with submissions.

Abstracts must be received by 31 March 2016

A helpful template for abstract submissions has been prepared by the Scientific and Professional Programme Committee (SPPC) and can be viewed on www.midwives2017.org

ICM has also developed a 'must-see' short film on the web site, which introduces the structure of the scientific programme and provides essential guidance from SPPC member, Vicky Van Wagner.

Vicky explains that the overall Congress theme is 'Midwives Making a Difference in the World.' She adds that abstracts should relate to one of four sub themes; Midwives making a difference through: Leadership, Partnership, Professionalism, and Supporting Women and Girls' Rights.



These details are also set out in written form on the congress website at www.midwives2017.org. All abstracts can be submitted under two main categories of 'research' or 'sharing practice.'

It's time to start preparing your 300 word abstract if making an oral presentation. The number of words for an interactive skills workshop increases to 400 and up to 700 words for a symposia abstract. Vicky provides a step-by-step guide for the various categories including poster presentations.

Once received and categorized, each abstract goes through an anonymous peer review process resulting in an outcome notification by 1 July 2016.

The highly skilled midwives of the SPPC have been working hard to ensure that a fair and balanced criteria are applied through the careful selection of a large global team of peer reviewers.

A key priority for the SPPC is that the Toronto Congress provides a wide variety of relevant topics for those who seek professional and personal development at the highest level.



THE OFFICIAL ICM POSTER IS NOW AVAILABLE!

The official ICM 31st Triennial Congress Poster is now available! The poster is available on the Congress website by clicking "News & Media" at www.midwives2017.org. You can also contact your own Midwives Association as they will have a supply from Mid-March. Please use them to promote the Congress.

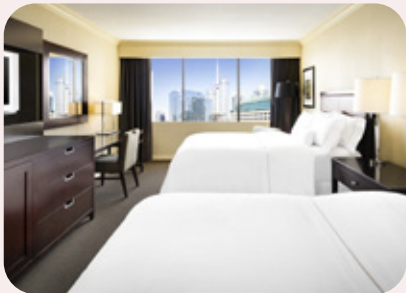
Remember to book your travel in time for the surprise pre-congress event on Saturday, June 17 at 2:00 PM

In 2011 we had 2000 Midwives walking on 'The Road to Durban' then in Prague 2014 we set the world record for midwives singing together at Voices of Midwives. And for Toronto?? Over the next two months, check the Congress website at www.midwives2017.org for details of the event to let Toronto and the world know that midwives have arrived.

Spotlight on Toronto Hotels

In each congress E-newsletter, ICM Congress Manager, Malcolm MacMillan focuses on a few hotels of different categories on the ICM recommended list of Toronto accommodation (see www.midwives2017.org for full details)

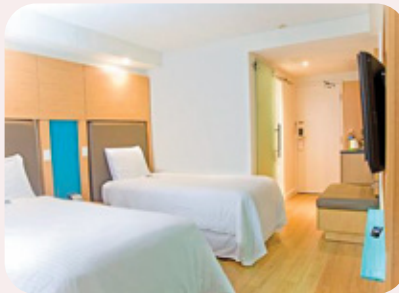
The majority of hotels in North America do not include breakfast in the room rate. Some ICM approved hotels have provided a discount on breakfast or a room discount for early booking (but this is for a set number of rooms, so early bookers will get the benefit). Please remember there is a tax of 13% to be added to all prices.



WESTIN HARBOUR CASTLE

ICM HQ HOTEL: Undoubtedly the pick of hotels when it comes to location and best setting on the shores of Lake Ontario. Lovely walks along the waterfront or watching the tourist sail over to Toronto Island. This 4* hotel has nearly 1000 rooms in two tower blocks and is about 12 minute walk to the congress venue or a short taxi ride.

An early booking prior to 31 December 2016, attracts a \$10 dollar a night discount. Thereafter the room rate is \$229 per night for a traditional room with two double beds or a standard room with one king size bed. When booking ask for a Traditional Room. The hotel features a large breakfast room (additional charge), a bar restaurant with good quality food, a foyer coffee bar and a fine dining restaurant on the 38th floor. For those who want to maintain their fitness during congress there is a well-equipped gym and a heated indoor swimming pool. Visit the hotel website at: www.westinharbourcastletoronto.com

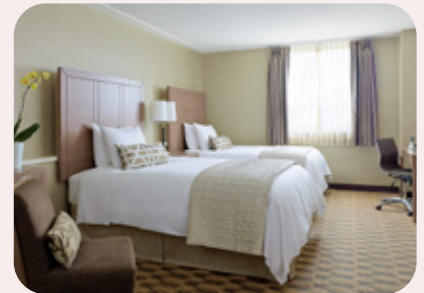


BOND PLACE HOTEL

Located in downtown Toronto near the famous Eaton Centre, the Bond Place offers rates ranging from \$159 – 179 CAD for a standard 2 twin bed room up to a superior room with 2 or 3 beds. The hotel is a 20 minute walk to the congress venue or a 7 minute taxi ride. Ask for a quote on a Double Deluxe Two-bedded Room as this provides a bigger space. The facilities are what you expect from a 3* hotel: each room has air conditioning and a mini fridge.

An ideal budget priced hotel for two people sharing, if you don't mind not being on the Congress Centre doorstep but being located in an exciting and busy part of Toronto.

Mediterranean specialties, pizza and vegetarian dishes are some of the dinner options at PomAnar Grill. Guests can watch chefs preparing their dinner on an open-fire grill. For more information please visit the hotel website at: www.bondplace.ca



CHELSEA HOTEL

Offers rates from \$175-245 CAD for a generous sized room to a studio kitchenette which sleeps 3-4 people. Lots of good information to be found on the hotel's website and when booking request a price for a Chelsea Room!

The Chelsea Hotel is located within walking distance of the city' subway and 15 minutes by public transit to the Congress centre. This is a big hotel with 680 rooms, there is a market garden buffet restaurant with fresh produce, a coffee shop and a restaurant for a finer dining experience. Set in a lively downtown Toronto, it has a good value room rate, especially if two or three sharing – as long as you don't mind the short transit trip to the Congress centre. This is one of my favourites' but don't book here if you are wanting an individual pampering service in a peaceful setting. For more information visit the hotel website at: www.chelseatoronto.com

Exchange Rate Chart*

Rate per room	\$159 CAD	\$179 CAD	\$199 CAD	\$229 CAD
In US Dollars	\$116 USD	\$130 USD	\$144 USD	\$166 USD
In EURO	107 € euro	120 € euro	133 € euro	153 € euro
In GB Pounds	81 £ GB	91 £ GB	101 £ GB	116 £ GB

\$229 rate: Per person with 2 sharing

\$ 82 USD

76 € euro

58 £ GB

*Prices are before applicable taxes. Rates are provided for information purposes only and are subject to change at any time.

Toronto's Top Attractions

With everything from exciting parks, unique districts to a real castle, attractions in Toronto offer a daily adventure. Below is a list of some of the 'must see' attractions while you are here in Toronto.

CN TOWER

Toronto's famous landmark, the 553-meter CN Tower, is one of the city's must see attractions and also the most impossible to miss. Towering above the downtown, the structure can be seen from almost everywhere in the city. Visitors have the option of simply appreciating the building from the ground, or taking a trip up to one of the observation areas or restaurants for fabulous views of the city and Lake Ontario. The CN Tower, built between 1972 and 1976, was once the tallest freestanding structure in the world, but has long since been surpassed.

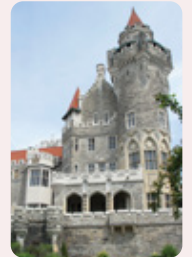
Website: www.cntower.ca
General Admission: \$35



CASA LOMA

Standing in beautifully kept grounds, Casa Loma is an extraordinary building somewhat reminiscent of a medieval castle. It was originally constructed for Sir Henry Pellatt, an eccentric Canadian multi-millionaire who was among the first to recognize and exploit the money-making potential of Niagara Falls. With close to 100 rooms, including three dozen bathrooms, the house is now a museum. Visitors can take a look back in time to a period of European elegance and splendor. Canada's foremost castle is complete with decorated suites, secret passages, an 800-foot tunnel, towers, stables, and five acres of estate gardens.

Website: www.casaloma.org
General Admission: \$24



BLACK CREEK PIONEER VILLAGE

A visit to Black Creek Pioneer Village is a step back in time to 19th-century Ontario. Forty authentically restored homes, workshops, public buildings and farms recreate the atmosphere of life in a rural Victorian community of the 1860s. Craftspeople and workers wearing period costumes demonstrate skills such as open-hearth cooking, bread-making, looming, milling, blacksmithing, sewing, printing and more.

Website: www.blackcreek.ca
General Admission: \$15



TORONTO ISLANDS

With more than 2 million visitors each year the Toronto Islands are one of the city's top attractions. Toronto Islands is a getaway, a reprieve from the hustle and bustle of the city without having to drive for hours. There are beaches, bike, canoe and kayak rentals available. Ferries depart from the city ferry docks at the foot of Bay Street (by the Westin Harbour Castle – ICM HQ Hotel), and the three island destinations are just a 10 minute boat ride away.

Website: www.torontoisland.com
Ferry Ride: \$5



DISTILLERY DISTRICT

Home to many of Toronto's hottest designer boutiques, unique cafes, artisan shops, breathtaking art galleries, performance venues and award-winning restaurants, The Distillery District is the place to see and be seen. An internationally acclaimed pedestrian-only village, features cultural and retail establishments in the restored red brick, Victorian-era buildings of the renowned Gooderham & Worts whiskey distillery. One of Canada's hottest tourist attractions, centrally-located and just a short walk from downtown Toronto there is always something happening at The Distillery.

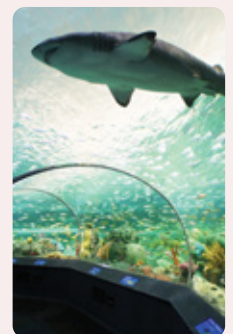
Website: www.thedistillerydistrict.com/
Admission: Free



RIPLEY'S AQUARIUM OF CANADA

One of Toronto's most popular aquatic attraction features underwater creatures and habitats from across the globe. Over 13,500 species are on display, including jellyfish, tropical fish, seahorses, stingrays and more. Of course, an aquarium isn't an aquarium without a shark, and Ripley's has a predatory shark display with long sand tiger sharks, largetooth sawfish and more, with some reaching up to 3 metres long (about 12 feet).

Website: www.ripleyaquariums.com/canada/
General Admission: \$30



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ROYAL ONTARIO MUSEUM

The Royal Ontario Museum, known as the ROM, is one of Canada's premier museums with an international reputation for excellence. It houses an outstanding collection and also features major exhibitions from around the world. A controversial expansion of the facility saw a modern wing featuring glass and sharp angles added on to a very traditional older building. The museum contains collections covering a great variety of periods from all over the world.



Website: www.rom.on.ca
General Admission: \$17.00

CINEPLEX (MOVIE THEATRE)

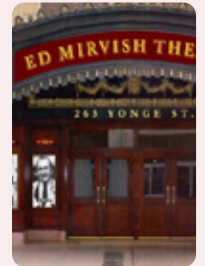
Scotiabank Theatre Toronto is a major movie theatre located in the Entertainment District of downtown Toronto. Features 14 screens; including IMAX and Ultra AVX.



Website: www.cineplex.com/Theatre/scotiabank-theatre-toronto
General Admission: \$12.99 – 15.99

ED MIRVISH (LIVE THEATRE)

The historic, 2,200-seat Ed Mirvish Theatre (formerly Canon Theatre) began as a vaudeville and movie theatre in the 1920's. In 1989 the movie was transformed into a live theatre and is home to some of the most famous Broadway productions.



June 2017 schedules will be available in early 2017
Website: www.mirvish.com/theatres/edmirvishtheatre
Tickets: \$65 - \$150

Getting to know members of ICM Board and SPPC

In each newsletter we feature different members of the ICM Board as part of a 'Who's Who' at Congress. This issue will also focus on SPPC chairs and members



Karen Guilliland, MA, RGON, RM, ADN, MNZM

Karen is the Chief Executive of the New Zealand College of Midwives with 40 years' midwifery and nursing experience including teaching, research, governance and management. A member of the ICM Board for twenty years Karen has authored numerous papers, articles and books. She was made a Member of the New Zealand Order of Merit (MNZM) for Services to New Zealand in midwifery and women's health in 2000.

Marian Van Huis

Since the 2014 Prague Congress, I have had the privilege to be one of the co-chairs of the SPPC. Prior to Prague, I served on the ICM Board and Executive committees as Hon. Treasurer over an 6 year period. I now add my past experiences to those of the highly skilled SPPC Members to contribute towards a memorable and inspiring Toronto Congress.



Irene dela Torre

Irene dela Torre recently retired as director of the University of Puerto Rico Nurse-Midwifery Education Program and continues with a homebirth practice. In addition to her role of ICM Board member for the Americas, she is on the Board of Commissioners for the American Commission on Midwifery Accreditation (ACME) responsible for site visit coordination.



ST. LAWRENCE MARKET

The St. Lawrence Market houses a variety of vendors selling various food products, flowers, and specialty items.



The St. Lawrence Hall was built in Toronto in 1850 and served as a public meeting place and a concert venue. The hall was restored in 1967, but has retained much of its old charm. The building provides a unique atmosphere for the market and is also occasionally used for film and television shoots. The interior features a grand staircase and a gas-lit chandelier.

Website: www.stlawrencemarket.com
Admission: Free

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